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## Are electromagnetic hypersensitivity and fibromyalgia actually a small fiber neuropathy? A preliminary study

Saturday, September 13, 2025 2:10 PM (20 minutes)

Fibromyalgia (FM) is characterized by chronic widespread pain with muscoloskeletal stiffness and tenderness. FM patients were investigated with skin biopsy for Small Fiber Neuropathy SFN: Grayston's metanalysis 2018 concerning 8 studies about FM pooled prevalance of Small Fiber Neuropathy (SFN) (49%).

Electromagnetic hypersensitivity (EHS) is characterized by a variety of no specific symptoms which afflicted individuals attribute to exposure to Electromagnetic field EMF (self - reported).

The study was carried out on 31 subjects:11 with EHS and FM, 10 with EHS and 10 controls. All subjects were administered nine tests: (SGWB), (RSE), (MSPSS), (CD-RISC), (GSE), (LOC), (BAI), (CES- D), (BFQ).

Futhemore, the subjects underwent skin biopsy

Results showed that thin fiber pathology exists in EHS with or without fibromyalgia FM.

MANOVA performed to assess differences between FM –EHS, EHS and control group for SGWB, RSE, MSPSS, CD-RISC, GSE, LOC, CES- D, BAI and BFQ, was significant. The ANOVAs for each dependent variables showed just one significant result for BAI. Post –hoc showed significant differences between FM –EHS, EHS and control group (p < 0.05). For all test the subjects result's lie under the pathology threasholds.

Furthermore SFN was found in 15 patients showing an epidermal denervatuo whereas 6 patients presented a normal epidermal innervation.: 11 of 11 in the FM-EHS group and 4 of 10 in the EHS group showed SFN.

## If you're submitting a symposium talk, what's the symposium title?

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No

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